

MBA Cross Country

October 2019

Revised 10/15/19

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Practice 2:30 – 4:15	1 HOME Meet Vs. Stafford MS 3:45 – 5:15	2 Practice 2:30 – 4:15	3 Practice 2:30 – 4:15	4 Practice 2:30 – 4:15	5
6	7 Practice 2:30 – 4:15	8 HOME Meet Vs. Suffield MS 3:30 – 5:15	9 Practice 2:30 – 4:15	10 Practice 2:30 – 4:15	11 Practice 2:30 – 4:15	12 Wickham Park XC Invitational, Bus Departs MBA 7:45 AM
13	14 Columbus Day No School No Practice	15 Practice 2:30 – 4:15	16 AWAY Meet @ Granby Memorial 3:45-5:00	17 Practice 2:30 – 4:15	18 MBA School Dance 7:00 – 9:00 PM	19 Practice 10:00- 11:45 AM
20	21 Practice 2:30 – 4:15	22 HOME Tri-Meet Vs. HMTCA (Hffd.) & JFK Jr.HS, Enfield 3:45 – 5:15	23 Practice 2:30 – 4:15	24 Practice 2:30 – 4:15	25 No Practice No School Teacher PD Day	26
27	28 Practice 2:30 – 4:15	29 AWAY Meet @ Plainville MS 3:30 – 5:00	30 Practice 2:30 – 4:015	31 Halloween	1 NOVEMBER Practice 2:30 – 4:15	2 Saturday Nov. 2 CT Middle School XC Championships Bus Departs MBA@7:30 AM Wickham Park, Manchester, CT

Contact Information: Coach Brown, School Phone: 860-749-2270 Ext. 5305, E-Mail: mark.brown@somers.k12.ct.us

Please join Remind (Class Code: g3dggg) to link up with our team e-mail / text communication directory for updates, changes & cancelations to our schedule